



Baai ku tɔŋ baai. Ee thaa kɔɔr benë ye jäi.

Baai ku tɔŋ baai aciï kek kɔɔr.

Baai ku tɔŋ baai ee cöök de raan ye kɔc cɔk riöc.

Alëu bë ya:

- nãŋ de guöp, lëët, yaan, rum de bal ka yɔŋ de nhom de tak
- yoi wei
- yaan në biäk de wëu
- tɔŋ
- gël de rande
- gëm de yãntöök randë, lëi ka kaŋ
- döm kööc de löŋ ka luöi de kä ke ciεεŋ, ku
- bë mĩth cɔk tĩŋ këræc.

Kɔc kedhie alëu bik baai ku tɔŋ baai yök. Alëu bë tuöl në dhöl wäac në ceŋ yic niŋic:

- kä theer ka kä jöt ke ceŋic, eya raan ebën tik ka moc
- kɔc riäai ku kɔcdīt muk kɔc
- dumuuk ke kɔc ci dhiop, kɔc niop gup ka kɔc tuaany, ku
- kök ye ceŋ de kɔc ye ke gam.

Kɔc ciï baai ku tɔŋ baai ke tiaam aaye pĩr ke ke riöc në röth ken ku bsiken. Ekënë etö agut tē ci kek pök.

Kuɔɔny

Na ci yī ka raandë tiaam, ke yīn lëu thöl akuut ye kɔc kony në ye biäke, nɔŋjic kɔc ci piöc, tē de töc, ku yän ke ceŋ ku kuny de biäk de lööŋ.

Alëu buk tiŋ lan nɔŋ yin yic lëu benë yin yiën wëu ku kök ke kuɔɔny, nɔŋjic:

- wëu ye ke gam në dɔm pinyic
- Crisis Payment
- nyɛɛidu në ariëp de kɔr de luoi yic
- lööm de wëu ke kony ke meth
- luoi de luui de koc.

Wɔ nɔŋ dujiëem ku duwëer ke thook. Ago jam ke wɔok në thondu:

- cɔl **131 202** në biäk de Centrelink de wëu ku loilooi, ka
- akut de Translating and Interpreting Service (TIS National) në **131 450** në biäk de Medicare ku Child Support de wëu ku loilooi.

Yin lëu ba lo në humanservices.gov.au/enough ka lëmë yän ke luoi.

Wël kök

Yen *Family Safety Pack* atö në thonde denliith ku thook kök. Anɔŋjic wël jam në lööŋ ke paan de Australia në biäk de baai ku tɔŋ baai, rum de bal, thien de rier ku bitha de bi ŋek mony ka tiŋ de ŋek. Lo në dss.gov.au/familysafetypack

Anɔŋ kä juëc ke kuɔɔny tö, nɔŋjic:

- **1800RESPECT**
Cɔl **1800 737 732**—wëer de thool atö—ka lo në 1800RESPECT.org.au
1800RESPECT ee ajuiëer de Jiëem de piöu në biäk de tɔŋ baai ku jiëem de piöu në biäk de rum de bal. Ajuiirë alääu ku wël ke ŋek aye muk apieth. Atö në theë kee 24 në kööl tokic, nin ke dherou në wikic.
- **Family Relationship Advice Line**
Cɔl **1800 050 321** ka lo në familyrelationships.gov.au
Yen Family Relationship Advice Line ee koc yiën wël ku weei në biäk de ceŋ de bëi ku muŋ de miith ku puök. Anɔŋ kä ci waar yiic në wɛpThai yic ku kä lëu bë yi tuöc akuut kök lëu bik kony.
Aatö në thaa 8 miäkduur agut ci thaa 8 thëei në Kööl de Tök agut kööl de Dhiëc ku thaa 10 miäkduur agut thaa 4 thëei në kööl de Dhetëm (thiök në nin ke yiit).
- **MensLine Australia**
Cɔl **1300 789 978** ka lo në mensline.org.au fnë thon de denliith ye tök.
MensLine Australia ekoc ye röör kuny në telepuunnyic ku jol ya online ëya, tuöc koc wël ku yän kk ke kuɔɔny ëtëen. Yen ëya e koc kony enɔŋ koc ken ci piöc në ye biäkë bi koc ci yɔŋ në biäk de baai ku tɔŋ baai.
Atö në theë kee 24 në kööl tokic, nin ke dherou në wikic.
- **Financial Counselling Australia**
Cɔl **1800 007 007** ka lo në financialcounselingaustralia.org.au në thon de denliith ye tök.
Financial Counselling Australia ee koc jääm piöoth koc nɔŋ anuën ke wëu. Ee koc kony bë koc bën bei në diöny de ŋöŋjic.

Aatö në thaa 9.30 miäkduur agut ci thaa 4.30 thëei në Kööl de Tök agut kööl de Dhiëc (thiök në nin ke yiit). Namba abë yi laar elantöntël enonj akuut ye kony ne Yithetic ka territory thiök ke yi.



Family and domestic violence. It's time to say enough.

Family and domestic violence is not acceptable.

Family and domestic violence is behaviour that can cause a person to be fearful.

It can be:

- physical, verbal, emotional, sexual or psychological abuse
- neglect
- financial abuse
- stalking
- control of someone
- harm to a person, animal or property
- stopping spiritual or cultural participation, and
- exposing children to these behaviours.

All people can experience family and domestic violence. It can happen in all types of relationships including:

- past or current relationships, it doesn't matter the gender or sexuality
- relatives and guardians
- carers of older people, people with disability or a medical condition, and
- culturally recognised family groups.

People affected by family and domestic violence may live in fear for themselves and their family. This can happen even when they've left a violent relationship.

Support

If you or someone you know is affected, we can connect you to services in the community, including specialists, emergency accommodation, housing and legal assistance.

We can also check if you are eligible for our payments and services, including:

- income support payments
- Crisis Payment
- exemptions from seeking employment
- collecting child support
- social work services.

We have free interpreters and translators. To speak to us in your language:

- call **131 202** about Centrelink payments and services, or
- the Translating and Interpreting Service (TIS National) on **131 450** about Medicare and Child Support payments and services.

You can also go to **humanservices.gov.au/enough** or visit a service centre.

More information

A *Family Safety Pack* is available in English and in a range of languages. It has information about Australia's laws regarding family and domestic violence, sexual assault, forced marriage and partner visas. Go to **dss.gov.au/familysafetypack**

There are also a range of community support services available, including:

- **1800RESPECT**
Call **1800 737 732**—interpreting services are available—or go to **1800RESPECT.org.au**
1800RESPECT is the national family violence and sexual assault counselling service. The service is free and confidential. Available 24 hours a day, seven days a week.
- **Family Relationship Advice Line**
Call **1800 050 321** or go to **familyrelationships.gov.au**
The Family Relationship Advice Line provides information and advice on family relationship issues and parenting arrangements after separation. It has translated information on its website and can refer you to local services that can help. Available 8 am to 8 pm Monday to Friday and 10 am to 4 pm Saturday (closed public holidays).
- **MensLine Australia**
Call **1300 789 978** or go to **mensline.org.au** for English information only.
MensLine Australia provides telephone and online support for men, information and a referral service. It also provides specialist support to those who inflict or experience family and domestic violence.
Available 24 hours a day, seven days a week.

- **Financial Counselling Australia**

Call **1800 007 007** or go to **financialcounsellingaustralia.org.au** for English information only.

Financial Counselling Australia offers free confidential financial counselling for people experiencing financial problems. It can help people to get out of the cycle of debt. Available 9.30 am to 4.30 pm Monday to Friday (closed public holidays). The number will automatically direct you to a service provider in a state or territory closest to you.