# Transcript for Parental Leave Pay video

Have you welcomed a new child?

If you’re a new parent taking time off work, you may be eligible for financial support.

Parental Leave Pay helps you if you’re the primary carer of a newborn or recently adopted child.

You can get it for up to 18 weeks. This can be at the same time as paid or unpaid leave.

You can start your claim up to 3 months before your child’s birth or adoption. To get the full amount, you must claim within 12 months of your child’s birth or adoption.

If you’re eligible, you can take flexible days within 2 years of your child’s birth or adoption. This will help you balance your work and caring commitments.

Go to servicesaustralia.gov.au/parentalleavepay to find out more.