



# Disability Medical Assessment (残障医疗评估)

## Disability Medical Assessment (DMA) 是什么？

DMA 是一份免费的评估，用于帮助 Services Australia 决定您是否满足申请 Disability Support Pension (DSP) 的医疗资格。

DMA 评估将由一位来自 Sonic HealthPlus 的 Government-contracted Doctor (政府特约医生) 进行。Government-contracted Doctor (政府特约医生) 可以是一般医生或 Clinical Psychologist (临床心理学家)。

Government-contracted Doctor (政府特约医生) 将评估您的健康状况，并出具一份报告说明您的健康状况对您产生的影响。

他们可能会与为您提供治疗的医生和健康专业人士联系，以讨论您所提供的医疗证明。

Government-contracted Doctor (政府特约医生) 将确保您的个人信息得到安全处理，并保护您的隐私权。

## 您的 DMA 评估将如何进行？

您的 DMA 评估可以在 Sonic HealthPlus 诊所面对面进行，或通过视频会议或电话的方式进行。诊所可以预约口译员到场为您的评估提供帮助。

Sonic HealthPlus 将致电您，并向您寄送有关预约和您的 DMA 评估将如何进行的信件。信件中可能包含一个用于连接视频会议的链接，或是 Sonic HealthPlus 诊所的地址。

如果您的 DMA 评估需要通过电话进行，Government-contracted Doctor (政府特约医生) 将致电您提供的电话号码与您联系。

DMA 评估也可以直接与负责治疗您的 Treating Health Professional (健康治疗专业人士) 展开。您可能不需要到场参与。

## 如果您无法参与 DMA 评估

如果您身体不适或无法参与评估，您可以致电预约新的评估时间。请致电 **1300 295 822** 联系 Sonic HealthPlus 来预约新的评估时间。

## DMA 评估时需要携带什么？

评估时请携带下列物品：

- 个人身份证明文件，例如您的 driver licence (驾照) 或 Australian passport (澳大利亚护照)。
- 您使用的任何辅助器具、设备或辅助技术用品，例如助听器或视觉辅助工具。

您也可以带上亲戚、朋友、代言人或 correspondence nominee (指定通信代理人) 为您提供支持。

您无需再携带已提交给 Services Australia 用于报销申请或审核的文件。

若有任何新的医疗证明，您必须在与 Sonic HealthPlus 进行 DMA 评估预约前提交给 Services Australia。您可以使用您的 Centrelink 在线账户或 Express Plus Centrelink mobile app 手机应用程序

序上传文件。您也可以将相关文件通过邮件、传真或到访服务中心的方式提交给 Services Australia。

## DMA 评估后会发生什么？

在您的 DMA 评估后，Government-contracted Doctor（政府特约医生）会发送一份报告给 Services Australia。Services Australia 将使用该报告，帮助他们评估您的 DSP 报销申请或申诉。

Services Australia 将以书面形式告知您的报销申请或申诉结果。

## 联系 Services Australia

如果您有任何关于 DMA 或 DSP 报销申请过程的疑问或担忧，或是您想要索取一份您的 DMA 报告，请致电 **132 717** 联络 Disability, sickness and carers line（残障，疾病及照顾者热线）。请不要直接联络 Sonic HealthPlus。

若您需要做出正式的 Freedom of Information (FOI)（资讯自由）申请，Services Australia 将会通知您。访问 [servicessaustralia.gov.au/foi](https://servicessaustralia.gov.au/foi) 以获取更多有关 FOI 的资料。

您也可以访问 [servicessaustralia.gov.au/feedback](https://servicessaustralia.gov.au/feedback) 或致电 **1800 132 468** 向我们提出反馈或投诉。

## 更多信息

- 浏览 [servicessaustralia.gov.au/dspmedicalassessment](https://servicessaustralia.gov.au/dspmedicalassessment) 了解更多英文信息。
- 致电 **132 717** 联络 Disability, sickness and carers line。如需传译服务，告知我们即可为您免费安排。
- 部分信息以音频、CD/DVD、大字体、盲文和电子文本形式提供。您可以通过致电 **132 717** 联络 Disability, sickness and carers line 索取上述信息。
- 浏览 [servicessaustralia.gov.au/yourlanguage](https://servicessaustralia.gov.au/yourlanguage)，获得中文版的文本、音频或视频信息。
- 致电 **131 202**，使用中文垂询 Centrelink 福利金和服务事宜。
- 办理 Medicare（全民医保）事宜，请致电 **132 011**；办理 Child Support（子女抚养费）事宜，请致电 **131 27**。如需传译服务，告知我们即可为您免费安排。
- 访问服务中心。

如果您失聪或有听力或言语障碍，您可以：

- 致电 **1800 810 586** 使用 TTY\*（文本电话）
- 或访问 [relayservice.gov.au](https://relayservice.gov.au)

\*TTY 仅为失聪或有听力或言语障碍的人士提供服务。使用该服务需要有 TTY 电话设备。

注意：澳大利亚境内座机拨打“13”开头的电话号码按固定费率收费。该费率与本地通话费用可能不同，也可能因不同的电话服务供应商而有所差异。座机拨打“1800”开头的电话号码是免费的。公共电话和移动电话拨打可能会以较高费率计时收费。

## 免责声明

本出版物所包含的信息仅用作福利金和服务指南。您有责任决定是否要申请福利金，并针对您的具体情况提出申请。



# Disability Medical Assessment

## What is a Disability Medical Assessment (DMA)?

A DMA is a free assessment that helps Services Australia decide if you meet the medical rules for the Disability Support Pension (DSP).

A Government-contracted Doctor from Sonic HealthPlus will do the DMA. The Government-contracted Doctor can be a doctor or a Clinical Psychologist.

The Government-contracted Doctor reviews your medical evidence and writes a report about how your condition affects you.

They may contact the doctors and health professionals treating you, to talk about the information you gave as medical evidence.

The Government-contracted Doctor will keep your personal information safe and protect your right to privacy.

## How will your DMA be done?

Your DMA may be done in person at a Sonic HealthPlus clinic, by video conference or telephone. They can book an interpreter to help you at your assessment.

Sonic HealthPlus will call you and send you a letter about your appointment and how your DMA will be done. It may include a video conference link you can connect to or the Sonic HealthPlus clinic address.

If your DMA will be done over the telephone, the Government-contracted Doctor will call you on the phone number you gave them.

The DMA may also be done directly with your Treating Health Professional. You may not need to attend.

## If you cannot attend your DMA

If you are sick or cannot attend your assessment, you can call to make a new appointment. Call Sonic HealthPlus on **1300 295 822** to make a new appointment.

## What to bring to your DMA

For the assessment please bring:

- a document to confirm your identity for example your driver licence or Australian passport.
- any aids, equipment or assistive technology you use, such as hearing or visual aids.

You can also bring a relative, friend, an advocate or your correspondence nominee for support.

You do not need to bring information you have already given to Services Australia for your claim or review.

You must give any new medical evidence to Services Australia before your DMA appointment with Sonic HealthPlus. You can upload documents through your Centrelink online account or the Express Plus Centrelink mobile app. You can also give them to Services Australia by mail, fax, or by visiting a service centre.

## What happens after your DMA?

After your DMA, the Government-contracted Doctor will send Services Australia a report. Services Australia use the report to help them assess your DSP claim or appeal.

Services Australia will write to tell you the result of your claim or appeal.

## Contact Services Australia

If you have any questions or concerns about the DMA or progress of your DSP claim, or if you would like a copy of the DMA report, call the Disability, sickness and carers line on **132 717**. Do not contact Sonic HealthPlus directly.

Services Australia will let you know if you need to make a formal Freedom of Information (FOI) request. Go to [servicessaustralia.gov.au/foi](https://servicessaustralia.gov.au/foi) for more information about FOI.

Go to [servicessaustralia.gov.au/feedback](https://servicessaustralia.gov.au/feedback) or call **1800 132 468** to provide feedback or make a complaint.

## For more information

- Go to [servicessaustralia.gov.au/dspmedicalassessment](https://servicessaustralia.gov.au/dspmedicalassessment) for more information in English.
- Call the Disability, sickness and carers line on **132 717**. Let us know if you need an interpreter, and we will arrange one for free.
- Some information is available in audio, CD/DVD, large print, braille and e-text. You can ask for these by calling the Disability, sickness and carers line on **132 717**.
- Go to [servicessaustralia.gov.au/yourlanguage](https://servicessaustralia.gov.au/yourlanguage) where you can read, listen to or watch information in your language.
- Call **131 202** to speak with us in your language about Centrelink payments and services.
- Call **132 011** for Medicare and **131 272** for Child Support. Let us know if you need an interpreter, and we will arrange one for free.
- Visit a service centre.

If you're deaf or have a hearing or speech impairment, you can either:

- call TTY\* on **1800 810 586**
- use [relayservice.gov.au](https://relayservice.gov.au)

\*TTY is only for people who are deaf or who have a hearing or speech impairment. A TTY phone is required to use this service.

Note: calls from your phone to '13' numbers from anywhere in Australia are charged at a fixed rate. That rate may vary from the price of a local call and may also vary between telephone service providers. Calls to '1800' numbers from your home phone are free. Calls from public and mobile phones may be timed and charged at a higher rate.

## Disclaimer

The information contained in this publication is intended only as a guide to payments and services. It's your responsibility to decide if you wish to apply for a payment and to make an application with regard to your particular circumstances.